



Pocono Mountain East Little League

2023 Tee Ball Rules

General:

1. T-ball is an instructional league.
2. Uniform consists of a hat, team shirt and long pants. Shorts are discouraged. Rubber spikes are ok. All bats used must be TeeBall Bats.
3. The Home Team prepares the field for play, provides the game ball and sits on the 1st base side.
4. The Visiting Team, rakes the field and puts away the equipment and bases.
5. Three (3) coaches may be on the field during play and may stop the play to give instruction.
6. There is a two (2) hour limit on games, if there is a game scheduled immediately after yours.
7. Players on the bench may cheer for their teammates. They may not shout at or harass the opposing team or its' players.

Safety:

1. All players must sit on the bench during the game.
2. No players should have a bat in their hands unless batting.
3. On deck batters must sit on the bench, without holding a bat, but can have their batting helmet on.
4. Helmets must be worn by all batters and baserunners

Play:

1. The game is Three (3) to Four (4) innings long (Coaches decision). Each child must play a position on the field. You can assign extra outfielders if you have more than 10 players.
2. At least eight (6) players should be on the field for play. If you do not have 6, you shall borrow from the other team.
3. A coach can be on the pitchers mound. Players are not allowed to slide, steal, lead off or bunt.
4. On an over throw to first base or to the outfield, the runner is not allowed extra bases. All batters advance to 1st base only, on a hit. Last batter in the order will round all the bases.
5. If the defense throws the said batter out at 1st base, the runner is out and the batter returns to the bench. All Bases must be cleared if the defense reaches 3 outs. The batting order will continue until all players in the lineup have batted.
6. The player playing the pitcher position is not allowed to go within the 25' arc of the batters box.
7. The batter must hit the ball further than the 10' arc of the batters box for a hit to be fair. Foul balls are not hits.